

BrighterPath Counseling, PLLC
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CLIENT INFORMATION

Please take the time to fill out this confidential client information form prior to your first session. This information will help me get to know you and facilitate the beginning of your therapy. Thank you!

Client _____ Date of Birth: ___/___/___ Current Age _____

Address: _____ City: _____ State: _____ Zip: _____

Cell Phone: (____) _____ Email: _____

Sex: Male Female

Employer/School _____ Job Title/Grade _____

Religious Affiliation: _____

Marital Status: Married Single Divorced Widowed Spouse's Name _____

Emergency Contact: _____ Telephone:(____) _____

Referred by: _____

Sign here for permission to send thanks if a professional referred you: _____

Relevant medical conditions (history, current condition, changes in condition):

Medications (dosage, dates of initial prescriptions, name of prescribing professional):

Allergies/adverse reactions to treatment: : _____

Primary Care Physician Name: _____ Telephone _____

Address: _____

Date of last medical/physical exam _____

Reason for seeking therapy _____

TreatmentGoals_____

Past therapy or psychiatric treatment_____

What, if anything, was helpful? :_____

Psychiatric hospitalizations (Dates and Locations):_____

Family History of therapy, psychological, or psychiatric treatment: _____

Do you drink coffee? Y or N (#____cups/daily) Do you smoke Cigarettes? Y or N (#____per day)

Alcohol? Y or N (#____drinks weekly) Date last drank_____ Family History of Alcoholism? Y or N

Recreational Drug Use (Marijuana, Cocaine, Methamphetamine, etc.)? Y or N

Police / Probation involvement (past or present) Y or N Date_____ Please explain _____

Family Structure (who lives in your household? Please provide names, ages and relationship to each)

Please circle if you have experienced any of the following (past or present):

Mood Changes Worry/Fear Panic Attacks Poor Concentration

Tearfulness Fatigue Feeling Hopeless/Helpless Sleep Problems

Body Image Problems Sexual Problems Losses Phobias

Learning Problems Spending Sprees Outbursts of Anger Lying

Seizures Head Injury Gambling Problems Computer Addiction

Sexual Abuse Domestic Violence Traumas Physical Abuse

Suicide Attempts Suicidal Ideation Auditory Hallucinations Visual Hallucinations

Any other information you believe may be significant_____